

Date: ____/____/____ Name: _____ DOB ____/____/____

We have updated our Electronic Health Records System and in order to assist you in a timely fashion, please carefully read the following questions and answer as detailed as possible.
We take your health very seriously, take your time and please correspond thoroughly.

1. **What corrective lenses do you wear?** Prescription Glasses – Contacts – Readers – Other (Lasik. Etc.) - None

➤ Describe your present lenses: (Age, condition, use, if you use more than 1 pair.) _____

2. **Are you here for a Regular Appointment/Comprehensive Eye Exam? Yes / No**

3. **Date of last eye exam:** _____ W/Dr. Poland/Zaluski/Manspeaker – or – W/Dr. _____ at _____ **Date:** _____

4. **Who's your Primary Care Physician/Doctor?** _____ Your **Height and Weight:** _____

5. **Describe any new eye concerns:** _____

6. **Describe any known eye conditions or surgeries/procedures?** _____

Do you take any prescription medications?

List them below OR LET US COPY YOUR LIST

Medications: _____

Pharmacy: _____

Allergies: _____

Diabetics: Type II – Type I – Borderline ???

How long have you been diabetic? _____

What was your last AIC score: _____

Fasting Blood Sugar: _____

Is your diabetic condition: stable, mild, moderate or severe?

Who is your corresponding doctor? _____

General Family History (Circle) (Blood Relatives Only)

Cancer: Father/Mom/Bro/Sis/Son/Daughter

Diabetes: Father/Mom/Bro/Sis/Son/Daughter

Hypertension: Father/Mom/Bro/Sis/Son/Daughter

Thyroid: Father/Mom/Bro/Sis/Son/Daughter

Heart Disease: Father/Mom/Bro/Sis/Son/Daughter

Blind: Father/Mom/Bro/Sis/Son/Daughter

Cataracts: Father/Mom/Bro/Sis/Son/Daughter

Macular Degen.: Father/Mom/Bro/Sis/Son/Daughter

Glaucoma: Father/Mom/Bro/Sis/Son/Daughter

Lazy Eye: Father/Mom/Bro/Sis/Son/Daughter

Please circle any of the following that relate to you:

OCULAR

Legally Blind
Cataracts
Macular Degeneration
Glaucoma
Lazy Eye

GENERAL

Developmental Disability
Cancer of: _____
Fatigue Syndrome
Autism Spectrum
Dementia

EAR, NOSE, MOUTH, THROAT

Hearing Loss
Sinusitis
Dry Mouth
Laryngitis

NEUROLOGICAL

Multiple Sclerosis
Epilepsy
Cerebral Palsy
Tumor
Migraine

CARDIOVASCULAR

High Blood Pressure
Stroke/CVA
Heart Disease
Heart Defect
Vascular Disease
Congestive Heart Failure

RESPIRATORY

Asthma
Bronchitis
Emphysema
Cigarette Smoker
Sleep Apnea
C.O.P.D.

MUSCULAR SKELETAL

Arthritis
Fibromyalgia
Muscular Dystrophy
Ankylosing Spondylitis
Osteoporosis
Gout
Osteoarthritis

GASTROINTESTINAL

Crohn's Disease
Colitis
Ulcer
Acid Reflux
Celiac Disease
GYN/URINARY
Currently: Pregnant/Nursing
Kidney Disease
Prostate Disease
Hepatitis C/Herpes/Chlamydia

SKIN

Eczema
Rosacea
Psoriasis
Cold Sores/Shingles

ENDOCRINE

Thyroid:
Hypo/Hyper/Hashimoto's
Diabetes:
Type 1/2/Insulin Resistant
Hormonal Dysfunction

LYMPHATIC

Anemia
High Cholesterol
Allergy/Immune
Environmental Allergies
Rheumatoid Arthritis
Lupus
Sjorgren's Syndrome

PSYCHOLOGICAL

Depression
ADHD
Anxiety Disorder
Bi-Polar Disorder

SOCIAL

Current Tobacco User
Former Tobacco User
Alcohol User
Computer Usage: _____
(Hours per day)

OTHER: